



Volleyball Competition Basic Rules

Volleyball Rules - Playing

- Each team has six active players.
- Each side can hit the ball a maximum of three times before hitting it over the net.
- A player cannot hit or touch the ball two times in a row.
- A hit can be made with any body part as long as the ball does not visibly come to rest.
- If the ball hits a boundary line, it is still fair and in play.
- Each team does a rotation whenever they win the serve.
- In a rotation, the players move one position clockwise.
- Substitute: 4 players

Volleyball Rules – Scoring

- A point is scored every time there is a score of the ball.
- The serving team scores when the receiving team misses or the ball is hit out.
- The receiving team scores when the offensive team misses or hits the ball out.
- The first team to score 25 points wins the game.

Play Format

- This competition will be played in 'round robin'
- Each game will have 3 sets.
- The winner of the set is determined by which team reaches 25 points first.
- The team that wins 2 sets becomes the winner of the game and is awarded 2 marks and the points scored (FOR) and points lost (AGAINST) will be accumulated.
- The top 2 teams (with the most marks or in the case of a tie, the most DIFF {FOR – AGAINST} will be considered) will play in the finals.